



COURSE DESCRIPTIONS

The following is a brief outline of each course available at the Contractors Safety Council of the Coastal Bend, Inc.

RECIPROCAL COURSE

- BC **Basic-Plus Safety Orientation** This course meets the Contractor Safety Generic Safety Orientation objectives developed through the Ad-Hoc Committee of the members for the NPRA Maintenance and Fire and Accident Prevention and Texas Chemical Council Committee, plus specific safety training requirements outlined in OSHA standards covering Hazard Communication, Hearing Conservation, Process Safety Management for Contractors, Electrical Safe-Work Practices for Non-qualified workers, Personal Protective Equipment and Elevated Work Surfaces . This course is not intended to provide craft specific or OSHA task specific required training. 5 Hrs.

SITE SPECIFIC ORIENTATIONS

<u>CODE</u>	<u>COURSE</u>	<u>HOURS</u>
FS	Flint Hills Resources Site Specific Course	2 Hrs.
FR	Flint Hills Reliability Center	1 Hrs.
HF	Flint Hills Alkylation Unit	2 Hrs.
FL	Flint Hills Safety Lead	1 Hrs.
FF	Flint Hills Fringe Contractor	1 Hrs.
CT	Citgo Refining Company Site Specific Course	1.5 Hrs.
C1	Citgo East Plant 1 Process Unit Training	1 Hrs.
C2	Citgo East Plant 2 Process Unit Training	1 Hrs.
C3	Citgo West Plant Process Unit Training	1 Hrs.
C4	Citgo Terminal Areas Process Training	1 Hrs.
PT	Citgo Permit Training	2 Hrs.
CA	Citgo Alkylation Unit	1 Hrs.
VR	Valero Refining Company Site Specific Course	2 Hrs.
ES	Equistar Refining Company Site Specific Course	4 Hrs.
CC	Equistar Site Specific Confined Space & Firewatch Course	2 Hrs.
EP	Equistar Pipeline	1 Hrs.
ED	Equistar Dock	1 Hrs.
JA	Javelina Refining Company Site Specific Course	1 Hrs.
TR	Trigeant Refining Company Site Specific Course	1 Hrs.
HC	Celanese LTD Refining Company Site Specific Course	1.5 Hrs.
HT	Celanese Technical Center Site Specific Course	1 Hrs.
EC	Elementis Chromium Refining Company Site Specific Course	2 Hrs.
DP	Dupont Refining Company Site Specific Course	4 Hrs.
OI	Oxy-Chem Ingleside Refining Company Site Specific Course	2 Hrs.
PC	Port of Corpus Christi Grain Elevator	1 Hrs.
PD	Port of Corpus Christi Oil Docks	1 Hrs.

**ADDITIONAL
CSCCB TRAINING**

CS	<u>Confined Space</u> This course includes specific information regarding the Attendant and the Entrant for these spaces Identification of confined spaces and permit required confined spaces, permitting procedures, atmospheric testing, attendant duties and responsibilities, entry procedures, and an overview of self rescue topics are covered.	3 Hrs.
RS	<u>Respirator Safety Training</u> This course is designed with classroom and hands-on portions. Personnel will wear airline supplied respirators, SCBA's and Emergency Escape Breathing Devices Course content consists of: How to choose the correct respirator, respiratory system fundamentals, medical testing requirements, maintenance and cleaning of respirators, and proper donning procedures.	3 Hrs.
ML	<u>Man Lift Operator Training</u> This course consists of classroom and practical portions. Classroom topics include: Inspection, operating procedures and worksite inspection for Boom-Supported and Self-Supported Lifts. The hands-on portion includes inspection and operation of these units.	6 Hrs.
LS	<u>Lifting Safety</u> Course is designed to provide increased employee awareness to avoid costly back injuries both at work and home. Topics covered are: types of back injuries, effects of smoking, benefits of exercise, factors of lifting safely, eight steps to performing a safe lift, and spine anatomy.	1 Hrs.
HZ	<u>Haz-Com Training</u> Course covers the Haz-Com standard, laws, labeling, employee rights, hazard definitions, chemical states, MSDS's (9 sections of the <i>form</i>), health and physical hazards.	2 Hrs.
LA	<u>Lead Awareness</u> An awareness level course covering the properties, exposures, effects and safe work practices when working with or near lead.	1 Hrs.
BZ	<u>Benzene</u> A chemical specific class covering the properties, exposures, effects and safe work practices when working with or near Benzene.	1 Hrs.
HS	<u>Hydrogen Sulfide</u> A chemical specific class covering the properties, exposures, effects, and safe work practices when working in or near H ₂ S areas.	1 Hrs.
FM	<u>Formaldehyde Safety</u> A chemical specific class covering the properties, exposures, effects and safe work practices when working with or near formaldehyde.	1 Hrs.
AW	<u>Asbestos Awareness</u> To provide awareness level training (class IV) covering the locations of asbestos containing or presumed asbestos containing materials and ways to recognize damage and deterioration and avoid exposure.	2 Hrs.
PB	<u>Bloodborne Pathogens</u> Course covers OSHA Standards and defines the hazards, symptoms, prevention strategies, universal precautions, immunizations, exposure control methods, labeling, transmission of and post exposure reporting regarding Bloodborne pathogens.	2 Hrs.

EO	<u>Electrical Safety Training</u> Course topics include identifying electrical hazards, use of barriers and signs, tags, vehicle clearances, lock-out tag-out procedures, PPE, ladder safety around power lines.	1 Hrs.
WO	<u>Welding & Cutting Safety</u> This course covers safe welding practices, identification of flammable and combustible liquids, cylinder markings, skin exposures, handling and storage of cylinders, color coding and hose connections.	1 Hrs.
FA	<u>Standard First Aid & CPR Training</u> This course is a general overview of standard first aid and CPR procedures. (8 hrs) Minimum of 4 people, maximum of 12.	8 Hrs.
MS	<u>Mine Safety and Health</u> Partial training (8 hours of classroom training), which includes newly employed inexperienced miner, newly employed experienced, and annual refresher training. This includes training required under CFR 48.27 Subpart B, except new task training (OJT) and Hazard training. Minimum of 4 people, maximum of 25.	8 Hrs.
SA	<u>Supplied Air Attendant</u> This course provides information regarding the Attendants duties and responsibilities. To include setup procedures, watch responsibilities, warning, alarms, and equipment clean up.	1 Hrs.
SC	<u>Scaffold User</u> Areas covered are directed toward the user of a scaffold. To include definitions, capacities, scaffold accidents, scaffold tags, inspecting, planking, Accessing a scaffold, fall protection systems, safe work practices, falling objects, electrical hazards, safety points.	2 Hrs.
FW	<u>Fire Extinguisher & Fire Watch</u> This course is designed with a classroom portion and a practical hands-on live fire session. Each person enrolled in the course uses an extinguisher to put out a fire that is created on the CSC fire training drill field. The course covers the following topics: Fire in the workplace, fire element basics, when to fight and not fight fires, emergency action plans, fire prevention techniques, fire extinguisher identification, use, inspection and maintenance, industrial firewatch duties and responsibilities, permits and procedures for fire extinguishments.	3 Hrs.